

What local Young People think are the Criteria for PSHE

Delivery

- ✓ Do not use scare, guilt, or shame tactics
- ✓ Teachers should be open minded, accepting, confidence-inducing and approachable
- ✓ Information should be presented in an unbiased but sensitive way
- ✓ Get parents involved
- ✓ Train teachers / providers properly
- ✓ Have a School Nurse present to help deliver
- ✓ Make it fun
- ✓ Should continue throughout each and every school year.
- ✓ Day trips eg to local sexual health clinic.
- ✓ Make it interactive with links to websites and organisations

Content

- ✓ Have a varied and balanced curriculum that includes:
- ✓ Drugs and alcohol.
- ✓ Mental health
- ✓ Technology – e-safety, responsible and effective internet use, cyberbullying, terms and conditions.
- ✓ Stigma, stereotyping, and bullying: respecting other cultures, races, and peoples e.g. effects of children labelling other children as having learning disabilities, racist comments, Islamophobia and other irrational fears/hatreds
- ✓ Unbiased political education to all years
- ✓ Debating skills
- ✓ How to live independently
 - Careers – university fees, CV writing, information on work experience
 - Future life and managing finances e.g. bills, taxes, pay cheques, credit cards, loans.
 - Citizenship – work experience and volunteering opportunities.

What local Young People think are the Criteria for Relationships and Sex Education (RSE)

Delivery

- ✓ Non-judgemental, sensitively and positively that allows a safe environment where questions can be asked
- ✓ Allow time for questions
- ✓ Involve parents
- ✓ Have different teachers just for RSE
- ✓ Be open about how to make young people feel safe
- ✓ Be realistic and not scare-mongering
- ✓ Talk to us in a sensitive way that allows for questions to be asked.
- ✓ Provide box for pupils to anonymously add to it (on pieces of paper) what they would like to cover. Pupils can leave the paper blank but still add to the box if they wish.

Content

- ✓ Have a regular, varied, balanced, comprehensive, facts-based curriculum that includes:
- ✓ Healthy relationships
- ✓ It's OK not to be in a relationship
- ✓ It's OK to not be having sex
- ✓ Consent eg the tea cup video
- ✓ Include sexuality and gender Identity – understand LGBTQI+ (Lesbian, Gay, Bisexual, Transgender, Queer, Questioning and Intersex)
- ✓ Homophobic and transphobic bullying
- ✓ Sexism and gender stereotypes – behaviour, language, and terminology that justifies negative and harmful behaviour.
- ✓ Influence of the media
- ✓ Sexually Transmitted Infections
- ✓ All forms of contraception including morning after pill, importance of lubrication and local services information eg local c-card condom scheme *Come Correct*
- ✓ Tackle stigma around periods and tampons and include boys as well as girls. Have a tampon scheme similar to the condom scheme
- ✓ Abortion and local services information.