Helping children and families achieve their potential: The Troubled Families (TF) programme

Health visitors, school nurses and the Healthy Child Programme role

**Programme eligibility**

A family needs at least 2 identified needs

- Crime
- Children who need help
- Domestic violence and abuse
- Worklessness
- School attendance
- Health problems

**Troubled families have significant health problems**

- 71% of families had at least one health problem
- 46% of families had an adult with a mental health problem
- 20% of families had a child with a long-standing illness or disability

**Health professionals including health visitors, school nurses and general practice nurses, working in partnership with GPs, are fundamental to the success of the Troubled Families programme and the wellbeing of children in complex families**

**Health visitors’ and school nurses’ contribution to the Troubled Families programme**

- 4 levels of service
- 5 health reviews
- 6 high impact areas

**Actions you can take to integrate health into your local Troubled Families programme**

- **Knowledge**
  - Know your local programme
  - Know local eligibility criteria
  - Know how to refer families

- **Access**
  - Assist with identification of families
  - Use key contact points to discuss the programme
  - Support appropriate access to data

- **Support**
  - Support a whole family approach
  - Participate in holistic assessment
  - Highlight public health high impact areas

- **Working together**
  - Promote co-ordinated working
  - Help navigate the health system
  - Refer to appropriate specialist services

**Framework for action**

- Expand
- Build
- Start

Work together to build on progress, expand programme further, share good practice and achieve local outcomes

**Key workers support the whole family and aim for sustained and significant progress on all family problems**

- A family needs at least 2 identified needs

**Healthy Child Programme**

**Troubled Families programme**

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