Child Sexual Exploitation (CSE) and Relationship Abuse Resources for Schools

CSE: Training materials
http://www.local.gov.uk/web/guest/safeguarding-children/-/journal_content/56/10180/6900735/

Local Government Association's (LGA) additional resources
http://www.local.gov.uk/web/guest/safeguarding-children/-/journal_content/56/10180/6900764/ which includes a template letter to send to schools (or for use within schools) which can be adapted to help to start a conversation with head teachers and/or governors.

Department for Education: 'What to do if you suspect a child is being sexually exploited. A guide for frontline practitioners'.
These documents are currently being updated by central government, and revised versions will be uploaded when available.

UK Safer Internet Centre (UKSIC), the UK Council for Child Internet Safety (UKCCIS), the South West Grid for Learning or Internet Matters, all of which have a range of resources to raise awareness about internet harm and how better to protect children. Two major contacts, the Internet Watch Foundation and the Professionals' Online Safety Helpline (POSH). IWF is a 'notice and take down service' for reporting child abuse images and POSH is a helpline set up to assist professionals, including if they have concerns regarding particular sites regarding the safety of children and need assistance).

School Nurse Programme: Supporting the implementation of the new service offer: Helping school nurses to tackle child sexual exploitation
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/512907/2903823_PHE_Child_Sexual_Exploitation_Accessible_FINAL.pdf

RESOURCES FOR PRIMARY SCHOOLS

Website with a range of resources including SNAP – the safety net assertiveness project. http://www.safety-net.org.uk/ or http://www.safety-net.org.uk/children-and-young-people/snap/

Healthy Relationships Resource Kit - Western Health – a free pdf with lesson plans, games and ideas about what makes up healthy relationships. http://westernhealth.nl.ca/uploads/Addictions%20Prevention%20and%20Mental%20Health%20Promotion/Healthy%20Relationships%20Resource%20Kit%20-%20Western.pdf

Primary School Sex and Relationships Education Pack http://www.fpa.org.uk/schools-and-teachers/online-sre-and-pshe-primary-schools – family planning association re- sources for teaching sex and relationships education in primary schools, 'Growing up with Yasmine and Tom'. Cost involved, but are online and interactive.

Twinkl Educational Publishing http://www.twinkl.co.uk/resources/pshe/relationships Website with resources for teaching primary and secondary aged children. Covers the whole curriculum, including positive relationships.

Think U know? An online resource for children, young people, parents and teachers including lesson plans, games and videos https://www.thinkuknow.co.uk/

PSHE Association has a wealth of useful information and resources, including those for primary aged children https://www.pshe-association.org.uk/curriculum-and-resources/search-for-resources

Real Love Rocks A resource pack developed by Barnardo's for and by young people. The content is based on 4 areas; healthy relationships, CSE, keeping safe and the impact of porn and sexting. http://www.barnardosrealloverocks.org.uk/ There is a pack developed for children in Year 6 in Primary schools as well as the secondary pack for years 7-9.

Jigsaw – assembly for 8–10 year olds. Helps young people understand what is personal information and how putting it online can make you vulnerable. https://www.thinkuknow.co.uk/parents/Support-tools/Films-to-watch-with-your-children/Jigsaw_original/ or could link to the YouTube page - https://www.youtube.com/watch?v=_o8auwnJtqE

Consequences https://www.youtube.com/watch?v=hK5OeGeudBM - assembly for 11 – 16 yr olds. Shows how easy it is to get information from individuals from Facebook and use it to exploit young people. There are clips about sexting as well as clips specifically for boys and girls.

PROTECTIVE BEHAVIOURS RESOURCES FOR PRIMARY SCHOOLS

- **Taking Care Scheme** – Ann Seal, Warwickshire. A pack for the primary school with lesson plans for each year group, parent magazine, stickers etc fully comprehensive. This resource is only available when PB Foundation Training http://www.pbpeople.org.uk/ It also has a forum about free resources. g has been received and individual school twilight session has been agreed.
- **Dot Com Foundation** www.dotcomcf.org/ already in some Northants schools, journals for each individual child and teacher's manual for each year group, based on fictional characters and on the PB process. This resource is also only available when the school has received Dot Com training.
- **The Huge Bag of Worries by Virginia Ironside** – story book to reinforce Theme 2 of PBs, 'We can talk with someone about anything, even if it feels awful or small.'
- **Protective Behaviours: Activities for Teaching PBs in Primary Schools** by Bodsworth, Carter & Sneath. 2009 Speechmark Publishing.
- **The Parents Helping Hand Book**, Holly-Ann Martin 2012
- **The Bear Cards** by John Veeken 2012
- **Worry Eaters** available from www.hintonpublishers.com - they are puppets that eat children's worries and even come key fob size.
- **Puppets** from www.puppetsbypost.com enable children to open up about their problems and solve problems the puppets might have.

Protective Behaviours www.pbpeople.org.uk has a wealth of resources that you may find helpful to use within the Protective Behaviours process and that practitioners create in their work with children to help them feel safe and express themselves in a safe way.

Railway Children http://www.railwaychildren.org.uk/get-involved/communities/schools-and-youth-groups/?dm_i=HSS,42SM8,BJ06K7,ERVPT,1 , which provides opportunities to explore issues associated with why children and young people run away, has been awarded the PSHE Association Quality Mark. These resources are suitable for upper key stage 2 and key stages 3 and 4 pupils. The lessons are designed to help pupils understand the risks of running away, and to identify safer alternatives and people who may be able to help them. In addition, the resource provides scope to explore issues which relate to emotional wellbeing and mental health such as friendships and bullying, family life, homelessness, child sexual exploitation and domestic violence. It will help pupils to develop key skills and attributes such as risk-awareness, perseverance and resilience.

RESOURCES FOR SECONDARY SCHOOLS

Bwise2 Sexual Exploitation (Barnardo's)
http://www.barnardos.org.uk/resources/research_and_publications/bwise2-sexual-exploitation/publication-view.jsp?pid=PUB-1263 Price : £85.00
This pack equips teachers, social workers and counsellors to educate young people about sexual exploitation with honesty and realism. www.barnardos.org.uk

Sex and relationships education (SRE) for the 21st century. Supplementary advice to the Sex and Relationship Education Guidance DfEE (0116/2000) (2014, Brook, PSHE Association) Sex Education Forum
http://www.sexeducationforum.org.uk/media/17706/sreadvice.pdf Healthy relationships, sexual consent, exploitation and abuse (includes resources on violence in relationships, pornography, sexting).

Twinkl Educational Publishing http://www.twinkl.co.uk/resources/pshe/relationships
Website with resources for teaching primary and secondary aged children. Covers the whole curriculum, including positive relationships.

CONSENT:

- As part of the government's commitment to improving the teaching of consent, the PSHE Association has combined good practice examples with its own guidance. This can be found at: www.pshe-association.org.uk/consent This guidance draws heavily on Crown Prosecution Service (CPS) guidance on The Sexual Offences Act 2003: http://www.cps.gov.uk/legal/p_to_r/rape_and_sexual_offences/soa_2003_and_soa_1956/
- CPS guidance on the Statutory Definition of Consent, and the CPS Sexual Offences Factsheet: http://www.cps.gov.uk/news/fact_sheets/sexual_offences/
- Child Exploitation and Online Protection (CEOP) has produced a series of resources which are available at: www.ceop.police.uk and www.thinkuknow.co.uk . Thinkuknow for 14+: www.thinkuknow.co.uk/14_plus Thinkuknow for 11-13s: www.thinkuknow.co.uk/11_13

Disrepect Nobody https://www.disrespectnobody.co.uk/ gives information and help for young people regarding Honour-Based Violence, Consent, Emotional Abuse, Female Genital Mutilation (FGM), Financial Abuse, Forced Marriage, LGBT, Physical Abuse, Porn, Rape, Relationship Abuse, Sexting, Sexual Assault

Chelsea's Choice http://www.alteregocreativesolutions.co.uk/chelseas-choice/ an initiative developed by the University of Northampton with a drama production. (Summer 2015) This has already been performed in 19 secondary schools in the county about 3 years ago. It is also used in many other local authorities, with very positive feedback.

My dangerous lover boy – cartoon film clip which explains what happened to 3 girls in their own words.
https://www.youtube.com/watch?v=j3xD58e6wA4

See me, hear me - excellent website with information, case studies and films that can be used in the classroom
http://www.seeme-hearme.org.uk/

Protect and respect - session plans focussing on child sexual exploitation from Childline. Also contains session plans for use with professionals to raise awareness of child sexual exploitation
http://www.local.gov.uk/c/document_library/get_file?uuid=33e6ac4a-eafa-4d38-b99b-293ee8f746fa&groupId=10180

Exploited – a resource from CEOP with a film and questions to go with the film. Focus on positive relationships and helpful for non-specialists to deliver.
https://www.youtube.com/watch?v=qORv-TgI4JI

Healthy and Safe Relationships – a unit of learning from Solihull for secondary aged young people around healthy relationships and keeping safe in primary schools also.
http://www.nwgnetwork.org/resources/resourcespublic?cat=100

Friend or Foe – who can you trust? Sexual exploitation and relationships education programme developed in Sheffield.
http://www.kirkleessafeguardingchildren.co.uk/managed/File/CSE/Friend-or-Foe--pdf-4-42MB-1.pdf

Expect Respect – a toolkit for addressing teenage relationship abuse in key stages 3, 4, and 5. Produced by the Home Office and Women's Aid
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/506523/teen-abuse-toolkit.pdf

Teenage Relationship Abuse – a teacher guide to violence and abuse in teenage relationships – information guide for professionals, not session or lesson plans. A Home Office publication - useful for raising awareness in school staff
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/506524/teen-abuse-teachers-guide.pdf

Real Love Rocks A Resource pack developed by Barnardos for and by young people. The content is based on 4 areas; healthy relationships, CSE, keeping Safe and the impact of porn and sexting. Suitable for years 7-9.
http://www.barnardosrealloverocks.org.uk/

'**Wud U?' Barnardo's free app for young people.** Is an educational tool for teachers and care professionals who interact with young people that might be at risk of sexual

exploitation. It has 3 x boys and 3 x girls stories that help young people understand grooming and CSE.
https://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/cse-professionals/wud-u-app.htm

A report on latest international research on teaching children how to avoid sexual abuse and links to government and PSHE Association action around teaching children about 'consent.' http://www.bbc.co.uk/news/education-32321204

BLAST resources for professionals http://www.mesmac.co.uk/projects/blast/for-professionals/resources . These resources aim to encourage professionals to make judgements and decisons based on risk indicators, not gender, and to make professional's practice more inclusive and accessible to boys and young men.

Outside the Box facilitator training http://www.sexeducationforum.org.uk/training/outside-the-box.aspx for 11 year olds and older has been developed by the Sex Education Forum and National Children's Bureau through funding from Comic Relief. It is a personal development programme about sex and relationships for young people, that aims to prevent CSE.

Prevent Platform http://www.preventionplatform.co.uk/ Information, guidance and useful tools on education to prevent Violence Against Women and Girls (VAWG)

AVA project http://avaproject.org.uk/resources/ Preventing violence against women and girls in educational setting by provision of tools and resources

Tender http://tender.org.uk/ are an education-in-theatre company which engages young people in violence prevention, enabling them to recognise and avoid abuse and violence.

Stop CSE http://www.stop-cse.org/ - NWG (formerly The National Working Group for Sexually Exploited Children and Young People) resources (eg posters and pocket guides)

CSE Support Information for Children and Young People with learning disabilities and Difficulties

- Resources identified http://www.barnardos.org.uk/cse_ld_practice_guide.pdf through the research: 'Grooming Line' and 'Agony Aunt', found in Barnardo's Bwise2 Sexual (Barnardo's (2007) Bwise2 sexual exploitation. Barnardo's, London)

- **Sick Party**, a DVD outlining grooming and sexual exploitation with an accompanying resource booklet that has a particular focus on peer-on-peer exploitation and the party lifestyle, has also been used successfully with young people with learning disabilities.

- **Friend or Foe: Who Can You Trust?: A sexual exploitation and relationships education programme**
  http://www.kirkleessafeguardingchildren.co.uk/managed/File/CSE/Friend-or-Foe--pdf-

4-42MB-1.pdf can be adapted successfully for work with young people with learning disabilities. Specialist learning disability professionals who participated in the research recommended using the Child Exploitation and Online Protection Centre (CEOP)-adapted resources for young people provided on CEOP's Thinkuknow website www.thinkuknow.co.uk. Know your friends with Josh and Sue, for example, is a short film created specifically for young people with moderate to severe learning disabilities and supports the teaching of young people about online safety, bullying and friendships. The website also has a number of other resources addressing CSE that can be adapted to support young people with learning disabilities.

- **STAR SEN Toolkit** http://www.childnet.com/resources/star-toolkit
  Practical advice and teaching activities to help educators explore e-safety with young people with autism spectrum disorders in Key Stage 3 and 4.