Healthy Child Programme: The 4-5-6 approach for health visiting and school nursing

0–5 years
HEALTH VISITING

0–19

5–19 years
SCHOOL NURSING

ACCESS EXPERIENCE OUTCOMES

HEALTHY CHILD PROGRAMME

VISIBLE ACCESSIBLE CONFIDENTIAL

Safeguarding

6
HIGH IMPACT AREAS

Parenthood and early weeks
Maternal mental health
Breastfeeding
Healthy weight
Minor illness and accidents
Healthy 2 year olds and getting ready for school

5
HEALTH REVIEWS

Antenatal health promoting visit
New baby review
6-8 week assessment
1 year review
2-2½ year review

4
LEVELS OF SERVICE

Community
Universal Services
Universal Plus
Universal Partnership Plus

5
HEALTH REVIEWS

4-5 year old health needs assessment
10-11 year old health needs assessment
12-13 year old health needs assessment
School leavers – post 16
Transition to adult services

6
HIGH IMPACT AREAS

Resilience and wellbeing
Keeping safe
Healthy lifestyles
Maximising learning and achievement
Supporting complex and additional health and wellbeing needs
Transition

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